



# SUNDAY AT THE CASTLE INN

LOCAL SUPPLIERS • QUALITY INGREDIENTS • PROPER HOMEMADE FOOD

**PIMM'S SPRITZ**  
pimm's, prosecco, soda

**LUCKY SAINT**  
0.5% alcohol free superior  
unfiltered lager

**CAMPARI SPRITZ**  
campari, prosecco, soda

**APEROL SPRITZ**  
aperol, prosecco, soda

## STARTERS & NIBBLES

- KALAMATA AMPHISSA OLIVES** GF VE 4.5  
**CASTLE SODA BREAD** aged balsamic vinegar, extra virgin olive oil GFO VE 3.5  
**HOMEMADE SOUP** baked bread GFO VEO 7.5  
**CHARRED HALLOUMI OR TOFU** pickled raspberries V VEO 8  
**SMOKED MACKEREL PATE** pickled cucumber, toasted bread GFO 9  
**FRICKLES** battered gherkins, sriracha mayonnaise GF VEO 7.5

## SUNDAY ROASTS

- ROASTED LEG OF PORK** crackling, roast & creamed potatoes, roast parsnips, seasonal vegetables, gravy GF 19.95  
**ROASTED WELSH BEEF** yorkshire pudding, roast & creamed potatoes, roast parsnips, seasonal vegetables, gravy GFO 19.95  
**ROASTED TURKEY** sage & onion stuffing, roast & creamed potatoes, roast parsnips, seasonal vegetables, gravy GFO 19.95  
**CAULIFLOWER STEAK** apple sauce, roast & creamed potatoes, roast parsnips, seasonal vegetables, gravy GF VEO 19.95  
**ROASTED COMBO** pork, beef, turkey, crackling, yorkshire pudding, sage & onion stuffing, roast & creamed potatoes, roast parsnips, seasonal vegetables, gravy GFO 21.95  
**SUNDAY SALAD** choice of roasted pork, beef or turkey, seasonal salad, new potatoes GFO 19.95

## MAINS

- SRI LANKEN VEGETABLE CURRY** medley of vegetables, a rich coconut spiced curry, rice, poppadum GF VE 17.5  
**MAKHAN CHICKEN** creamy spiced tandoori chicken curry, rice, poppadum GF 17.5  
**BEER-BATTERED COD** skin-on chips, minted mushy peas, Castle tartare sauce GFO 19  
+ add **curry sauce** GF VE 2  
**BEER-BATTERED NO-FISH** nori seaweed wrapped halloumi GFO V or tofu GFO VE, skin-on chips, minted mushy peas, Castle tartare sauce 16  
**GRAIN BOWL** grains, hummus, house salad 14.5  
+ add **mini chicken** 5.25 **halloumi** 4.95 **feta** 4.95 **tofu** 4.95

## SMALL MAINS

Small portions for small appetites

- SMALL ROASTED LEG OF PORK** crackling, roast & creamed potatoes, roast parsnips, seasonal vegetables, gravy GF 14.5  
**SMALL ROASTED WELSH BEEF** yorkshire pudding, roast & creamed potatoes, roast parsnips, seasonal vegetables, gravy GFO 14.5  
**SMALL ROASTED TURKEY** sage & onion stuffing, roast & creamed potatoes, roast parsnips, seasonal vegetables, gravy GFO 14.5

Below dishes are served with the following choices:

Skin-on chips, creamed potatoes or new potatoes and Garden peas, mushy peas, baked beans or mixed leaf salad.

- SMALL GRILLED SEASONED CHICKEN BREAST** GF 8.5  
**SMALL BEER-BATTERED COD** GFO 12  
**SMALL BUTCHERS SAUSAGES** GFO 11  
**SMALL BEER-BATTERED HALLOUMI** GFO V **OR TOFU** GFO VE 10.25

## SIDES & SAUCES

- SKIN-ON CHIPS** GF VE 4 **CHEESY CHIPS** GF V 6.50 **TRUFFLE MAYONNAISE & PARMESAN CHIPS** 8.50  
**GARLIC CIABATTA** V 5.5 **CHEESY GARLIC CIABATTA** V 7.5 **BUTTERED NEW POTATOES** GF VEO 5  
**ROAST POTATOES** GF VE 4 **BEER-BATTERED ONION RINGS** GFO VE 5 **MIXED LEAF SALAD** GF VE 6  
**SEASONAL VEGETABLES** GF VEO 6 **CAULIFLOWER CHEESE** GF VEO 6  
**PEPPERCORN SAUCE** GF V 4.5 **GARLIC BUTTER** GF V 1.5 **CURRY SAUCE** GF VE 2 **RED WINE GRAVY** GF VEO 2

## CASTLE BURGERS

Homemade burgers served in a sourdough bap with skin-on chips

**CHEESE BURGER** beef patty, welsh cheddar cheese, castle burger relish, lettuce, tomato, onion GFO 17.95

**CAJUN CHICKEN BURGER** cajun chicken fillet, sriracha mayonnaise, castle burger relish, lettuce, tomato, onion GFO 16.95

**HALLOUMI BURGER** pan fried halloumi, garlic field mushroom, tomato chutney, burger relish, lettuce, tomato, onion GFO V 16.25

**SEA DOG BURGER** spiced beer-battered cod fingers, pickled cucumber, tartare sauce GFO 16.95

**CASTLE VEGGIE BURGER** tomato chutney, castle burger relish, lettuce, tomato, onion GFO VEO 16.95

### GO WILD WITH BURGER ADD ONS

**BACON** GF 2.5 **FRIED EGG** GF V 1.5 **HALLOUMI** GF V 4.95 **FIELD MUSHROOM** GF VEO 2 **CHEDDAR CHEESE** GF V 2

**VEGAN CHEESE** GF VE 3.5 **PER LAS CHEESE** GF V 2.75 **BEEF PATTY** GF 6 **SPICED CHICKEN FILLET** GF 6

## MESSY CHIPS

**SPICY BEEF** spicy beef chilli, welsh cheddar cheese, sour cream, skin-on chips GFO 17

**SEA PUPS** spiced beer-battered cod bites, pickled cucumber, curried mayonnaise, skin-on chips GFO 17

**CHICKEN POPCORN** beer-battered chicken bites, kimchi, sriracha mayonnaise, skin-on chips GFO 17

**BEACH COMBER** beer-battered tofu bites, pickled samphire, lemon mayonnaise, skin-on chips GFO VE 17

## BREAKFAST

Served Wednesday to Saturday until 14:00 & Sunday until 11:30

**CASTLE BREAKFAST** pork sausages, back bacon, field mushroom, grilled tomato, baked beans, sautéed potatoes, fried or poached egg GF 12.25

**VEGGIE BREAKFAST** fried halloumi GF V or fried tofu GF VE, field mushrooms, grilled tomato, baked beans, sautéed potatoes 11.95

**TOAST** brown or white bread, welsh butter, jam or marmalade GFO VEO 3.5

**PORRIDGE** fresh berries, maple syrup or honey GFO VEO 7

**CASTLE GRANOLA** natural yogurt, fresh fruit, chai seeds, honey V or maple syrup VE 9.25

**MUSHROOMS ON TOAST** assorted wild mushrooms GFO VEO 8.25

**SMASHED AVOCADO ON TOAST** avocado, poached egg, tomato GFO V 9.95

**EGGS ON TOAST** 2 free-range eggs on toast, poached, fried or scrambled GFO V 6.95

**BREAKFAST BUTTY** 1 pork sausage, 2 back bacon, fried egg and cheddar cheese in a toasted sourdough bun GFO 10.5

**SAUSAGE BUTTY** 2 butchers pool sausages in a toasted sourdough bun GFO 8.75

**BACON BUTTY** 2 back bacon in a toasted sourdough bun GFO 7.75

**VEGGIE BUTTY** 3 grilled halloumi GFO V or tofu GFO VE, smashed avocado and chilli jam in a toasted sourdough bun 12.25

### BREAKFAST ADD ONS

**FRIED EGG** GF V 1.5 **POACHED EGG** GF V 1.5 **SCRAMBLED EGGS** GF V 3.75 **BAKED BEANS** GF 1.75

**SMOKED SALMON** GF 5 **BACK BACON** GF 2 **PORK SAUSAGE** GFO 2.75 **BLACK PUDDING** 2

**SMASHED AVOCADO** GF VE 4.5 **TOAST & BUTTER** GFO VEO 3

GF - Gluten Free GFO - Gluten Free Option on Request V - Vegetarian VE - Vegan VEO - Vegan Option on Request

If you have a food allergy, please let us know before ordering so we can assist you with your food choice.

A service charge will not be added to your bill. All tips go to the team.

Website: [www.castleinnpembs.co.uk](http://www.castleinnpembs.co.uk) | Social Media: @CastleInnPembs | Phone: +44 (0)1239 820742