



FOOD AT THE CASTLE INN

LOCAL SUPPLIERS • QUALITY INGREDIENTS • PROPER HOMEMADE FOOD

PIMM'S SPRITZ
pimm's, prosecco, soda

LUCKY SAINT
0.5% alcohol free superior
unfiltered lager

CAMPARI SPRITZ
campari, prosecco, soda

APEROL SPRITZ
aperol, prosecco, soda

STARTERS & NIBBLES

- KALAMATA AMPHISSA OLIVES** GF VE 4.5
CASTLE SODA BREAD aged balsamic vinegar, extra virgin olive oil GFO VE 3.5
HOMEMADE SOUP baked bread GFO VEO 7.5
CHARRED HALLOUMI OR TOFU pickled raspberries V VEO 8
SMOKED MACKEREL PATE pickled cucumber, toasted bread GFO 9
CRISPY COCKLES pickled samphire 9.5
FRICKLES battered gherkins, sriracha mayonnaise GF VEO 7.5

MAINS

- 10oz WELSH GAMMON STEAK** skin-on chips, garden peas, choice of fried egg or charred pineapple GF 18.5
+ add **peppercorn sauce** GF V 4.5 **extra fried egg** GF V **extra charred pineapple** GF VE 1.5
8oz WELSH RIBEYE STEAK skin-on chips, grilled tomato, dressed rocket GF 30.95
+ add **peppercorn sauce** GF V 4.5 **garlic butter** GF V 1.5
PIE OF THE MOMENT please see the specials menu
SRI LANKEN VEGETABLE CURRY medley of vegetables, a rich coconut spiced curry, rice, poppadum GF VE 17.5
CHICKEN BREAST wild mushroom garlic cream sauce, seasonal greens, new potatoes GF 21.5
MAKHAN CHICKEN creamy spiced tandoori chicken curry, rice, poppadum GF 17.5
PAN-FRIED SEA BASS new potatoes, samphire, pea & basil velouté 21.95
BEER-BATTERED COD skin-on chips, minted mushy peas, Castle tartare sauce GFO 19
+ add **curry sauce** GF VE 2
BEER-BATTERED NO-FISH nori seaweed wrapped halloumi GFO V or tofu GFO VE, skin-on chips,
minted mushy peas, Castle tartare sauce 16
MOULES MARINIÈRE creamy garlic wine sauce, skin-on chips & baked bread GFO 20
+ add **samphire** GF VEO 3.5
TRIO OF PORK & LEEK SAUSAGES wholegrain mustard mash, rich onion gravy, green beans 16
GRAIN BOWL grains, hummus, house salad 14.5
+ add **mini chicken** 5.25 **halloumi** 4.95 **feta** 4.95 **tofu** 4.95

SMALL MAINS

Small portions for small appetites

- SMALL GRILLED SEASONED CHICKEN BREAST** GF 8.5
SMALL BEER-BATTERED COD GFO 12
SMALL BUTCHERS SAUSAGES GFO 11
SMALL BEER-BATTERED HALLOUMI GFO V **OR TOFU** GFO VE 10.25

All served with the following choices:

Skin-on chips, creamed potatoes or new potatoes and Garden peas, mushy peas, baked beans or mixed leaf salad.

SIDES & SAUCES

- SKIN-ON CHIPS** GF VE 4 **CHEESY CHIPS** GF V 6.50 **TRUFFLE MAYONNAISE & PARMESAN CHIPS** 8.50
GARLIC CIABATTA V 5.5 **CHEESY GARLIC CIABATTA** V 7.5 **BUTTERED NEW POTATOES** GF VEO 5
BEER-BATTERED ONION RINGS GFO VE 5 **MIXED LEAF SALAD** GF VE 6 **SEASONAL VEGETABLES** GF VEO 6
PEPPERCORN SAUCE GF V 4.5 **GARLIC BUTTER** GF V 1.5 **CURRY SAUCE** GF VE 2 **RED WINE GRAVY** GF VEO 2

CASTLE BURGERS

Homemade burgers served in a sourdough bap with skin-on chips

CHEESE BURGER beef patty, welsh cheddar cheese, castle burger relish, lettuce, tomato, onion GFO 17.95

CAJUN CHICKEN BURGER cajun chicken fillet, sriracha mayonnaise, castle burger relish, lettuce, tomato, onion GFO 16.95

HALLOUMI BURGER pan fried halloumi, garlic field mushroom, tomato chutney, burger relish, lettuce, tomato, onion GFO V 16.25

SEA DOG BURGER spiced beer-battered cod fingers, pickled cucumber, tartare sauce GFO 16.95

CASTLE VEGGIE BURGER tomato chutney, castle burger relish, lettuce, tomato, onion GFO VEO 16.95

GO WILD WITH BURGER ADD ONS

BACON GF 2.5 **FRIED EGG** GF V 1.5 **HALLOUMI** GF V 4.95 **FIELD MUSHROOM** GF VEO 2 **CHEDDAR CHEESE** GF V 2

VEGAN CHEESE GF VE 3.5 **PER LAS CHEESE** GF V 2.75 **BEEF PATTY** GF 6 **SPICED CHICKEN FILLET** GF 6

STONEBAKED PIZZAS

CLASSIC MARGHERITA tomato sauce, mozzarella, rocket V 13.5

VEGAN MARGHERITA tomato sauce, vegan mozzarella, rocket VE 15.25

MEDITERRANEAN MEAT FEAST tomato sauce, nduja, prosciutto, salame, garlic olives, mozzarella, rocket 17

SPICY PEPPERONI tomato sauce, pepperoni, chilli flakes, mozzarella, rocket 16.5

MESSY CHIPS

SPICY BEEF spicy beef chilli, welsh cheddar cheese, sour cream, skin-on chips GFO 17

SEA PUPS spiced beer-battered cod bites, pickled cucumber, curried mayonnaise, skin-on chips GFO 17

CHICKEN POPCORN beer-battered chicken bites, kimchi, sriracha mayonnaise, skin-on chips GFO 17

BEACH COMBER beer-battered tofu bites, pickled samphire, lemon mayonnaise, skin-on chips GFO VE 17

BREAKFAST

Served Wednesday to Saturday until 14:00 & Sunday until 11:30

CASTLE BREAKFAST pork sausages, back bacon, field mushroom, grilled tomato, baked beans, sautéed potatoes, fried or poached egg GF 12.25

VEGGIE BREAKFAST fried halloumi GF V or fried tofu GF VE, field mushrooms, grilled tomato, baked beans, sautéed potatoes 11.95

TOAST brown or white bread, welsh butter, jam or marmalade GFO VEO 3.5

PORRIDGE fresh berries, maple syrup or honey GFO VEO 7

CASTLE GRANOLA natural yogurt, fresh fruit, chai seeds, honey V or maple syrup VE 9.25

MUSHROOMS ON TOAST assorted wild mushrooms GFO VEO 8.25

SMASHED AVOCADO ON TOAST avocado, poached egg, tomato GFO V 9.95

EGGS ON TOAST 2 free-range eggs on toast, poached, fried or scrambled GFO V 6.95

BREAKFAST BUTTY 1 pork sausage, 2 back bacon, fried egg and cheddar cheese in a toasted sourdough bun GFO 10.5

SAUSAGE BUTTY 2 butchers pool sausages in a toasted sourdough bun GFO 8.75

BACON BUTTY 2 back bacon in a toasted sourdough bun GFO 7.75

VEGGIE BUTTY 3 grilled halloumi GFO V or tofu GFO VE, smashed avocado and chilli jam in a toasted sourdough bun 12.25

BRUNCH ADD ONS

FRIED EGG GF V 1.5 **POACHED EGG** GF V 1.5 **SCRAMBLED EGGS** GF V 3.75 **BAKED BEANS** GF 1.75

SMOKED SALMON GF 5 **BACK BACON** GF 2 **PORK SAUSAGE** GFO 2.75 **BLACK PUDDING** 2

SMASHED AVOCADO GF VE 4.5 **TOAST & BUTTER** GFO VEO 3

SANDWICHES

Served Wednesday to Saturday 12:00 - 14:00

TUNA CRUNCH SANDWICH GFO 9.75

CHEESY BLT SANDWICH GFO 10.75

CASTLE HONEY MUSTARD GLAZED HAM & TOMATO SANDWICH GFO 9.75

WELSH CHEESE & ONION SANDWICH GFO V 9.75

+ add skin-on chips GF VE 4

GF - Gluten Free GFO - Gluten Free Option on Request V - Vegetarian VE - Vegan VEO - Vegan Option on Request

If you have a food allergy, please let us know before ordering so we can assist you with your food choice.

A service charge will not be added to your bill. All tips go to the team.

Website: www.castleinnpembs.co.uk | Social Media: @CastleInnPembs | Phone: +44 (0)1239 820742