



# FOOD AT THE CASTLE INN

LOCAL SUPPLIERS • QUALITY INGREDIENTS • PROPER HOMEMADE FOOD

## BARTI'S WINTER SPRITZ

barti spiced rum, mulled wine,  
prosecco, soda 9

## LUCKY SAINT

0.5% alcohol free superior  
unfiltered lager 5

## MULLED WINE

warm spiced red wine 6.5

## APEROL SPRITZ

aperol, prosecco, soda 9

## STARTERS & NIBBLES

**KALAMATA AMPHISSA OLIVES** GF VE 3.50

**BAKED BREAD** balsamic vinegar & olive oil GFO VE 3

**HOMEMADE SOUP** baked bread & butter GFO VEO 7

**WILD MUSHROOMS** sautéed button & wild mushrooms, tarragon garlic cream, toasted bread GFO V 9.25

**SALT & PEPPER SQUID** sweet chilli mayonnaise 9

**BOX-BAKED CAMEMBERT** baked bread, pickled red onions GFO V 19.95

**FRICKLES** battered gherkins, sriracha mayonnaise GF VEO 6.95

**GOATS CHEESE SALAD** fresh pickled beetroot, rocket GF V 9

## MAINS

**10oz WELSH GAMMON STEAK** skin-on chips, garden peas and a choice of fried egg or pineapple GF 18.25

ADD: Peppercorn sauce GF V 4.5 | Extra Egg GF V or Pineapple GF VE 1.5

**8oz WELSH RIBEYE STEAK** skin-on chips, grilled tomato, dressed rocket GF 29.95

ADD: Peppercorn Sauce GF V 4.5 | Garlic Butter GF V 1.5

**CHICKEN, VEGETABLE & TARRAGON PIE** creamed potatoes, tender stem broccoli GFO 17.95

**SRI LANKEN VEGETABLE CURRY** medley of vegetables, a rich coconut spiced curry, rice, poppadum GF VE 15.95

**NO CATCH PIE** tofu, banana blossom, samphire, light creamy sauce, sliced potato top, assorted greens GF VE 23.95

**CHICKEN TANDOORI MASALA** tandoori chicken, creamy aromatic curry sauce, rice, poppadum GF 16.95

**PAN-FRIED SEA BASS** wild mushroom garlic sauce, samphire, edamame beans, new potatoes GF 21.95

**BEER-BATTERED COD** skin-on chips, minted mushy peas, Castle tartare sauce GFO 18.95

ADD: Curry Sauce GF VE 1.75

**BEER-BATTERED NO-FISH** nori seaweed wrapped halloumi GFO V or tofu GFO VE, skin-on chips,

minted mushy peas, Castle tartare sauce 15.95

**MOULES MARINIERE** creamy garlic wine sauce, skin-on chips & baked bread GFO 20

ADD: Samphire GF VEO 3.5

**CAJUN CHICKEN GOUJON SALAD** seasonal salad bowl, kimchi, sriracha mayonnaise GFO 17

## SMALL MAINS

Small portions for small appetites

**SMALL TAGLIATELLE PASTA** tomato sauce, parmesan cheese GFO VEO 7.5

Below dishes are served with the following choices:

Skin-on chips, creamed potatoes or new potatoes and Garden peas, mushy peas, baked beans or mixed leaf salad.

**SMALL GRILLED SEASONED CHICKEN BREAST** GF 8.5

**SMALL BEER-BATTERED COD** GFO 11.75

**SMALL BUTCHERS SAUSAGES** GFO 10.95

**SMALL HAM & FRIED EGG** GF 10.75

## SIDES & SAUCES

**SKIN-ON CHIPS** GF VE 5.75 **CHEESY CHIPS** GF V 8 **GARLIC CIABATTA** V 5.5 **CHEESY GARLIC CIABATTA** V 7.5

**BUTTERED NEW POTATOES** GF VEO 5 **BEER-BATTERED ONION RINGS** GFO VE 5

**MIXED LEAF SALAD** GF VE 6 **SEASONAL VEGETABLES** GF VEO 6

**PEPPERCORN SAUCE** GF V 4.5 **GARLIC BUTTER** GF V 1.5 **CURRY SAUCE** GF VE 1.75 **RED WINE GRAVY** GF VEO 2

## CASTLE BURGERS

Homemade burgers served in a sourdough bap with skin-on chips

**CHEESE BURGER** beef patty, welsh cheddar cheese, gherkin, lettuce, tomato, onion GFO 17.95

**CAJUN CHICKEN BURGER** cajun chicken fillet, sriracha mayonnaise, gherkin, lettuce, tomato, onion GFO 16.95

**WILD ABOUT BURGERS** beef patty, goats cheese, field mushroom, herb mayonnaise, tomato ketchup, gherkin, lettuce, tomato, onion GFO 19.95

**HALLOUMI BURGER** pan fried halloumi, garlic field mushroom, tomato chutney, gherkin, lettuce, tomato, onion GFO V 16.25

**SEA DOG BURGER** spiced beer-battered cod fingers, pickled cucumber, tartare sauce GFO 16.95

**FALAFEL BURGER** falafel patty, mango chutney, gherkin, lettuce, tomato, onion GFO VE 16.95

### BURGER ADD ONS

**BACON** GF 2.5 **FRIED EGG** GF V 1.5 **HALLOUMI** GF V 4.95 **FIELD MUSHROOM** GF VEO 1.95 **CHEDDAR CHEESE** GF V 2

**VEGAN CHEESE** GF VE 3.5 **PER LAS CHEESE** GF V 2.75 **BEEF PATTY** GF 6 **SPICED CHICKEN FILLET** GF 6

## STONEBAKED PIZZAS

**CLASSIC MARGHERITA** tomato sauce, mozzarella, rocket V 11

**VEGAN MARGHERITA** tomato sauce, vegan mozzarella, rocket VE 13.75

**MEDITERRANEAN MEAT FEAST** tomato sauce, nduja, prosciutto, salame, garlic olives, mozzarella, rocket 15

**SPICY PEPPERONI** tomato sauce, pepperoni, chilli flakes, mozzarella, rocket 14

## MESSY CHIPS

**SPICY BEEF** spicy beef chilli, welsh cheddar cheese, sour cream, skin-on chips GFO 16

**SEA PUPS** spiced beer-battered cod bites, pickled cucumber, curried mayonnaise, skin-on chips GFO 16

**CHICKEN POPCORN** beer-battered chicken bites, kimchi, sriracha mayonnaise, skin-on chips GFO 16

**BEACH COMBER** beer-battered tofu bites, pickled samphire, lemon mayonnaise, skin-on chips GFO VE 16

## BRUNCH

Available Wednesday to Saturday 10:30 - 14:00 & Sunday 10:30 - 11:30

**CASTLE BREAKFAST** pork sausage, back bacon, field mushroom, grilled tomato, baked beans, sautéed potatoes, fried or poached egg GF 12.25

**VEGGIE BREAKFAST** fried halloumi GF V or fried tofu GF VE, field mushroom, grilled tomato, baked beans, sautéed potatoes 11.95

**TOAST** brown or white bread, welsh butter, jam or marmalade GFO VEO 3.5

**PORRIDGE** fresh berries, maple syrup or honey GFO VEO 7

**CASTLE GRANOLA** natural yogurt, fresh fruit, chai seeds, honey V or maple syrup VE 9.25

**MUSHROOMS ON TOAST** assorted wild mushrooms GFO VEO 7.5

**SMASHED AVOCADO ON TOAST** avocado, poached egg, tomato GFO V 9.95

**EGGS ON TOAST** 2 free-range eggs on toast, poached, fried or scrambled GFO V 6.95

**BREAKFAST BUTTY** 1 pork sausage, 2 back bacon, fried egg and cheddar cheese in a toasted sourdough bun GFO 10.5

**SAUSAGE BUTTY** 2 butchers pool sausages in a toasted sourdough bun GFO 8.75

**BACON BUTTY** 2 back bacon in a toasted sourdough bun GFO 7.75

**VEGGIE BUTTY** 3 grilled halloumi GFO V or tofu GFO VE, smashed avocado and chilli jam in a toasted sourdough bun 12.25

### BRUNCH ADD ONS

**FRIED EGG** GF V 1.5 **POACHED EGG** GF V 1.5 **SCRAMBLED EGGS** GF V 3.75 **BAKED BEANS** GF 1.75

**SMOKED SALMON** GF 4 **BACK BACON** GF 2 **PORK SAUSAGE** GFO 2.75 **BLACK PUDDING** 2

**SMASHED AVOCADO** GF VE 4 **TOAST & BUTTER** GFO VEO 3

Available Wednesday to Saturday 12:00 - 14:00

**CASTLE HONEY MUSTARD GLAZED HAM & FRIED EGG** with skin-on chips GF 16.95

**WELSH CAWL** with cheddar cheese and baked bread GFO 12.75

**TUNA CRUNCH SANDWICH** 9.75

**WELSH CHEDDAR SANDWICH** 9.75

**CASTLE HONEY MUSTARD GLAZED HAM SANDWICH** 9.75

GF - Gluten Free GFO - Gluten Free Option on Request V - Vegetarian VE - Vegan VEO - Vegan Option on Request

If you have a food allergy, please let us know before ordering so we can assist you with your food choice.

A service charge will not be added to your bill. All tips go to the team.

Website: [www.castleinnpembs.co.uk](http://www.castleinnpembs.co.uk) | Social Media: @CastleInnPembs | Phone: +44 (0)1239 820742