

FOOD at the CASTLE

STARTERS & SHARERS



MARINATED OLIVES [GFVE] 5.5

FRICKLES battered gherkins and sriracha [GFVE] 6.95

HUMMUS chickpea dip, bread, balsamic, olive oil [GFVE] 6.95

GLAZED CHIPOLATAS honey and mustard glazed [GF] 7.95

TODAYS HOMEMADE SOUP locally baked bread, Welsh butter [GF] 6.5

POTTED CRAB local crab, toasted bread [GF] 9.95

SALT & PEPPER SQUID kimchi and crème fraîche 8.5

TOMATO AND BEETROOT SALAD pine nuts, lime vinaigrette [GFVE] 7.5 | add crumbled goats cheese 2.5

CHICKEN SHAWARMA chicken wing, hummus, tabouleh [GF] 9.95

MOULES mussels in a light white wine, garlic and cream sauce, with local bread [GF] 17.95

Add samphire 3.5 |

BOX-BAKED CAMEMBERT toasted sourdough, herb infused oil, onion jam [GFV] 15

BRUNCH & LUNCH

[available lunch times only] [sandwiches are served on local bread & served with skin-on chips]

AVO TOAST crushed avocado, roasted tomato & poached free-range egg on bloomer [GFV] 7.5

EGGS free-range eggs, your way, on toast [GFV] | poached or fried 6 | scrambled 8.5 |

SCRAMBLED TOFU scrambled tofu & roasted tomato on toasted bloomer [GFVE] 8.5

BACON BUTTY back bacon in a toasted sourdough bun [GF] 6

BRUNCH ADD ONS

FREE-RANGE POACHED EGG 1.5 | FREE-RANGE FRIED EGG 1.5 | GRILLED TOMATO 1

BAKED BEANS 1.5 | BACK BACON 3 | TOAST 3 | LOCAL SAUSAGE 3

BLACK PUDDING 2 | SMASHED AVO 3.95 | SMOKED SALMON 6

TRADITIONAL WELSH CAWL Welsh broth with tender lamb and chunky vegetables, served with cheddar cheese & rustic bread [GF] 10.95

WELSH CHEDDAR & RED ONION SANDWICH [GFV] 8.95

HONEY MUSTARD GLAZED HAM & GRAIN MUSTARD MAYO SANDWICH [GF] 9.95

PRAWN MARIE ROSE & CRISP LETTUCE SANDWICH [GF] 9.95

AVOCADO, HUMMUS & TOMATO SANDWICH with lemon vinaigrette [GFVE] 9.95

SIDES

SWEET POTATO FRIES [GFVE] 4.5 | **SKIN-ON CHIPS** [GFVE] 4.5 | **BUTTERED NEW**

POTATOES [GFVE] 4.5 | **ONION RINGS** [GFVE] 4.5 | **GARLIC BREAD** [GFVE] 4 | **CHEESY**

GARLIC BREAD [GFVE] 5 | **MIXED LEAF SALAD** [GFVE] 4

| **SEASONAL VEGETABLES** [GFVE] 4.5

LIGHT BITES

PLOUGHMAN'S LUNCH honey & mustard glazed ham, sausage roll, Welsh cheddar, chutney, apple, cornichons & bread [GF] 16.95

SOUL BOWL pearl couscous, roasted chickpeas, romanesco, edamame, pickled cucumber, avocado, salad leaves, lime vinaigrette 12.95 | add grilled butterfly chicken 5.95 | add prawns 7.95 | add halloumi 4.5

HALF-PINT OF PRAWNS sweet chilli sauce and lemon mayonnaise [GF] 9.5

CHICKEN & BACON SALAD grain mustard dressing [GF] 16.50

The below dishes are all served with a choice of skin-on chips, creamed or new potatoes and either beans, peas or salad.

GRILLED MINI CHICKEN BREAST [GF] 7.95

BEER-BATTERED MINI COD [GF] 7.95

TOFU NUGGETS WITH SWEET CHILLI [GFVE] 7.95

SAUSAGES [GF] 7.95

BURGERS

All of our burgers come with salad, gherkin & skin-on chips

CHEESE BURGER beef burger with Welsh cheddar cheese [GF] 13.95

CRISPY COD BURGER tartare sauce and mushy peas [GF] 14.95

CAJUN CHICKEN BURGER kimchi & sriracha [GF] 14.95

FALAFEL BURGER spiced falafel & mango chutney [GFVE] 14.95

BURGER ADD ONS

BACON 1.5 | FRIED EGG 1.5 | HALLOUMI 4.5 | FIELD MUSHROOM 1.5 | PER LAS
CHEESE 2 | BEEF PATTY 4.5 | SPICED CHICKEN FILLET 5

MAIN COURSE

CHICKEN BREAST creamy wild mushroom sauce, leeks and roasted new potatoes [GF] 16

SRI LANKAN VEGETABLE CURRY rich coconut spiced curry, rice & poppadum [GFVE] 13.95

BEER-BATTERED COD skin-on chips & mushy peas [GF] 14.95

BEER-BATTERED TOFISH tofu with nori seaweed beer-battered with skin-on chips, vegan tartare sauce, & mushy peas [GFVE] 14.95

MAKHAN CHICKEN creamy spiced tandoori chicken curry, rice & poppadum [GF] 15.5

MUSHROOM & LENTIL THATCHED PIE rich vegetable and put lentil ragù, creamy mashed potato topping and buttered greens [GFVE] 14.95

10oz WELSH GAMMON STEAK skin-on chips, garden peas, and a choice of egg or pineapple [GF] 16.95 | add peppercorn sauce [GFV] 3 | extra egg or pineapple [GFV] 1.5 |

8oz WELSH RIBEYE STEAK grilled tomato, beer-battered onion rings and skin-on chips [GF] 27.5 | add peppercorn sauce [GFV] 3

PAN-FRIED SEA BASS seaweed boulangère potatoes and miso samphire [GF] 18

GF - Gluten Free options available | V - Vegetarian | VE - Vegan options available

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